MONTGOMERY PARKS & RECREATION

Spring/Summer Newsletter





- After School Programs
- Special Events
- Summer Camps

Registration
Begins
March 4, 2024
8:30 A.M.

Montgomery Parks & Recreation 356 Skillman Rd Skillman NJ 08558 609-466-3023 www.montgomeryrecreation.com

SPRING/SUMMER NEWSLETTER

Parks & Recreation Staff

Recreation Director
John Groeger
Assistant Director
Chris Zimmerman
Sr. Program Coord.
Pauline Carr
Parks Foreman

John Snyder

Open Space Steward Dir.
Lauren Wasilauski
Admin. Assistant
Suzanne Brodbeck
Evening Facility Aide
Lou Vaccaro

Parks & Recreation Committee

Chair
Stephen Shueh
Committeemember
Kent Huang
Committeemember
Julie Fong
Committeemember

Nick Barot

<u>Committeemember</u>

Dani Zhao

Committeemember
Denyce Mylson
Alternate
Sreedhar Cherukuri
Alternate
Himanshu Bhatia
TC Liaison
Neena Singh
Advisor
Matt Rosenthal

Important Phone Numbers

 Parks & Rec Office
 609-466-3023

 Parks & Rec Fax
 609-466-6761

 Senior Center
 609-466-0846

 Food Pantry
 609-466-1054

Public Works 908-874-3144

Municipal Building 908-359-8211



MISSION STATEMENT

To respond to the needs of the community we serve and enrich the lives of the residents through well-balanced recreational offerings and lifelong learning. We strive to offer quality recreational and educational programs for personal and professional development.



Sign up for the Parks & Rec E-Bulletin



Follow Parks & Rec on Facebook

LET'S CONNECT MONTGOMERY!

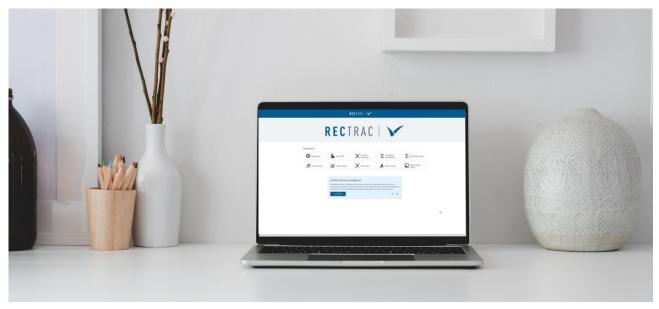


Sign up for the TWP E-Bulletin



Follow the TWP on Facebook

HOW TO REGISTER



Registering for classes is easy.

https://njmontgomeryweb.myvscloud.com/

Exact Cash or Check accepted at OKCC (CC payment online has a 3% transaction fee)

Discounts:

Military members will receive a 10% discount with a military I.D. Seniors (55+) can also receive a 10% discount.

Refund Policy:

Fees are <u>Non-Refundable</u>. If the class/program is cancelled due to lack of participants, you will receive a full refund. Otherwise there are <u>NO</u> refunds.

Credit Card convenience fees are Non-Refundable.

*Photo Policy: On occasion we may take photos or videos of individuals enrolled in programs or using park facilities.

Please be aware that these images may be used in our brochures, flyers, Facebook or on our website.

To opt out please email the Parks & Rec Dept. at recreation@tmontgomerynj.gov



STAY CONNECTED TO US!!

We bsite: www.montgomery recreation.com

Facebook: www.facebook.com/montgomerytownshiprecreationnj

Instagram: www.instagram.com/montyrec

PARK MAP



1. Bessie Grover

20 Camp Meeting Avenue, Skillman Playground, grills, port-o-potty

2. Hobler Park

1645 Great Road, SkillmanPlayground, pathways, gazebo, port-o-potty, birdwatching

3. Montgomery Veterans Park

235 Harlingen Road, Belle Mead Playground, pathways, restroom, picnic/pavilion area (2), grills, lighted basketball courts (2), lacrosse fields, softball fields, sand volleyball, 9/11 and Veterans' Memorials

4. Van Horne Park

1225 State Road (Rt 206), Princeton Playground, picnic/pavilion area, restroom, paved pathways, basketball courts (2), softball fields (2), multipurpose fields (2) lacrosse wall, picnic tables & grill

5. Mill Pond Park

29 Mill Pond Road, Belle Mead Playground, restroom, soccer fields (7), pathways, shade structure, picnic tables & grill

6. Lubas Field

285 Belle Mead-Blawenburg Road (Rt 601), Belle Mead Lighted multipurpose field, playground, port-o-potty

7. Broadway

140 Broadway, Belle Mead Cricket field, port-o-potty

8. Woods Edge Park

66 Harvard Circle, PrincetonPlayground, swing set, picnic area restroom, basketball court, tennis courts (2), sand area, pickleball court, shade structure

9. Harlingen Gazebo

37 Harlingen Road, Belle Mead Gazebo

10. Dog Park

2261 Van Horne Road (Rt 206) Belle Mead Dog Park & Playground behind

Dog Park & Playground behind former Police Station

11. <u>Skillman Park/Dog Park</u>

130 Main Blvd, SkillmanOwned by Somerset County; to
Reserve this Park, call
908-722-1200 ext 5225

12. Tennis Courts at LMS

375 Burnt Hill Road, SkillmanTennis Courts (8), Pickle
Ball/Tennis Court Combo (2)
outside of normal school hours

To reserve a park or if you see something that needs attending to please contact the Parks & Recreation Dept. at 609-466-3023



JOIN MAYOR SINGH'S 7/12:1(HN



"Healthy Us, Healthy You" 刘

RAMBLE

With Mayor Singh



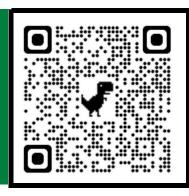




Make sure you join the "Mayors Wellness Campaign team" when registering.

SUNDAY, APRIL 28 *10AM-12PM*

TO REGISTER SCAN THE QR CODE





The MWC is a program that gives mayors tools and strategies to champion healthy and active living and to improve the overall health of their towns. When mayors promote healthy living they can drive community-wide change.

As part of the MWC, Montgomery Township, led by Mayor Neena Singh, will be offering dynamic new services and events throughout 2024 to strengthen the physical and mental health of our community.



ADULT PROGRAMS

COLLEGE PREPARATION WEBINAR

This free webinar will cover strategies to best increase chances of college acceptances, selecting the right fit major, leadership with extracurricular activities, Digital PSAT & SAT Exam strategies, impressive college essay topics, leading scholarship fund sites, and financial aid.

Presented by Susan Alaimo Director of Collegebound Review author of 2 books on college admissions For more info, call 908-369-5362 or visit collegeboundreview.com.

COLLEGE APPLICATION APPLICATION

Date: Monday, March 18

Time: 7pm

Instructor will email zoom link prior to webinar

SEWING CLASSES

This class is open to students who are looking to learn how to thread and operate your sewing machine while completing a series of beginner projects. It is also open to students who are more advanced and are looking to enhance their sewing skills. Advanced students will receive custom project support & guidance. Project ideas include tote bags, aprons, zippered pouches, throw pillows, simple skirts, upcycle clothing, quilting basics, etc.

Date: Thursdays, Mar 21 - Apr 25

Time: 6:00 - 9:00pm

Cost: \$275

Location: OKCC Senior Center

Instructor: Amy Reynolds (amy@amysewingclassroom.com) Amy has been sewing for decades and has been teaching sewing and quilting classes for many years at a local fabric and craft store.

Class fees do not include supplies. Students will be provided a supply list after registering for a class and will need to shop for supplies before classes. Bring your sewing machine, including the power cord, foot pedal, and machine manual to class.

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DRILLS, SKILLS, THRILLS BASKETBALL CLINIC

This clinic is appropriate for beginners and experienced players. With games and drills being taught in a new and exciting way, participants will not only improve their skills, but will also experience the joy of the game. Participants need to bring their own basketball.

Portable smaller baskets will be used to help the younger players reach the basket so they can succeed and gain confidence.

Dates: Tuesdays, March 12 - April 23 (no 4/2)

Time: 5:30pm-6:30pm (boys and girls in grades K -

2nd)

6:30pm-7:30pm (boys and girls in grades 3rd -

5th)

Location: OKCC Gym

Cost: \$195 per participant per session

Instructor: https://dstbasketball.com/

FAL-ROONEY 1 DAY CAMP

Fal-Rooney continues when schools are closed! Teams compete for the coveted Fal-Rooney Cup! Wear sneakers, bring water, snacks, and lunch.

Pre-game available from 8-9am \$20/family.

Dates: Tue, April 23 (No school in MTSD)

Times: 9-1pm Grades: K-8 Cost: \$65

Location: OKCC Gym



TENNIS

drills, skills, thrills,

get in the game

Somerset Hills Tennis Association is a United States Tennis Association member organization that serves tennis players of all ages and backgrounds. Our mission is to continue to grow the sport and provide high quality tennis instruction that is available to all. We believe that the most effective way to learn and keep the attention of our students is by having fun!

Spring Session 1 -

K-2nd grade & 5th-6th Grade

Mon - March 25th - April 29th (no 4/1) - 4pm-5pm

Wed - March 27th - April 24th - 4pm-5pm

Sat - March 23rd - April 27th (no 3/30) - 11am-12pm

3rd-4th grade & 7th-8th Grade

Tues - March 26th - April 23rd - 4pm-5pm Thurs - March 28th - April 25th - 4pm-5pm

Sat - March 23rd - April 27th (no 3/30) - 12pm-1pm

<u>Spring Session 2 -</u>

K-2nd grade & 5th-6th Grade

Mon - May 6th - June 10th (no 5/27) - 4pm-5pm

Wed - May 8th - June 5th - 4pm-5pm

Sat - May 4th - June 1st - 11am-12pm

3rd-4th grade & 7th-8th Grade

Tues - May 7th - June 4th - 4pm-5pm Thurs - May 9th - June 6th - 4pm-5pm

Sat - May 4th - June 1st - 12pm-1pm



Price - \$120 per session
Location - UMS Tennis Courts
Instructor - Michael Watson,
Somerset Hills Tennis
Association https://playtennis.usta.com/Somersethills

CHEERLEADING

This program will teach cheerleading fundamentals including: stunting, tumbling, jumps and dance. This program will be offered for two skill levels and will culminate in the showcase of a cheerleading routine.

<u>Level 1 (Green Team)</u>: This is for entry level cheerleaders. You will work on forward and backward rolls, cartwheels, roundoffs and walkovers (as appropriate). Athletes will learn waist level single-leg stunts and shoulder level two-leg stunts.

<u>Level 2 (Gold Team)</u>: Athletes at this level should have either a roundoff with a rebound (or more advanced skill) and/or prior cheerleading experience. You will work on roundoffs, walkovers and back handsprings (as appropriate). Athletes will learn shoulder level one-leg stunts and extended level two-leg stunts.

Dates: Thurs, April 11 - June 13 Times: **Level 1** - 5:30pm - 7:00pm **Level 2** - 6:30pm - 8:30pm

Fee: \$250 per participant (an additional \$25 will be added to your account if your child is placed on the gold team)

Grades: K-8

Location: OKCC Gym

Instructor: Kristyn Jannell

All athletes should wear cotton or compression shorts, fitted tee-shirt or tank top, and soft-soled sneakers (cheerleading sneakers). Hair should be worn up.



Minimum 10 Maximum 35 for both

*** For weeks 1 and 2, ALL participants will be participating in tryouts. Tryouts will be from 5:30pm to 8:00pm. Starting week 3, participants will be broken into level 1 or level 2. We will notify you of your child's placement after week 2.

GIRLS ON THE RUN

The program is designed to promote self-respect, friendship and fitness. In addition to doing lessons and playful activities, girls run and walk, as they train to complete a fun 5K race.

VES (3 & 4)

Dates: Mon/Thurs; April 15 - June 6 (no 5/27) OR

Tues/Fri; April 16 - June 7 (no 4/23)

Time: 8:00 - 9:20am

Cost: \$215

(includes shirt & materials)

Location: VES field



LMS (5 & 6)

Dates: Mon/Thurs; April 15 to June 6 (no 5/27)

Time: 3:20 – 4:40pm

Cost: \$215

(includes shirt & materials)

SAVE THE DATE: SUN.,

June 9, for the GOTR 5K

Race in Somerville
(separate registration fee

Location: LMS field (Separate registro

Instructor:(VES & LMS): Diane Fay

(dianefay3@gmail.com)

Volunteers are needed to assist with GOTR – please contact Coach Fay or Pauline at Recreation

TRACK & FIELD

Athletes will compete in ONLY home meets against other Montgomery LMS track participants in various running distances, long jump & the shot put. Track meets will be before HOME UMS meets begin. Athletes can attend practices up to 4 times a week and athletes will not be punished for missing any practices during the week. LMS students must listen for lunch-time announcements regarding cancellations due to bad weather. Kids will not be walked back to LMS all season. They all must be picked up at the UMS track by

Dates: Mon/Tue/Thurs/Fri, Mar 25-May 10

Times: 3:15-4:45pm

4:45pm at the latest.

Grades: 5-6 **Cost:** \$195

Location: UMS Track

Instructor: Vincent Figueroa

vfigueroa@mtsd.us & Rickey Steeb

rsteeb@mtsd.us

Cougar Football - Youth Skills and Drills

Introduce and develop the fundamental skills of football through individual and competitive drills. Focus areas are throwing, catching, and running with the football, defending the pass and the run,

angles, eyes and approach to tackling or pulling the flag and more.

Dates: Sun - April 7th - May 19th (no 5/12)

Times: 6:00 - 7:15pm

Grades: 3-6 **Cost:** \$160

Location: Cougar Stadium

Instructor: Coach Carty - cartyskills@gmail.com



BRICKS FOR KIDZ at OHES & VES

LEGO Engineering Architect — Have you ever gazed up at a skyscraper and wondered how these towering structures stay upright or driven across a bridge and marveled at the engineering required to hold the weight of so many vehicles? Why does the Leaning Tower of Pisa lean? We'll explore the architecture & engineering fundamentals behind some well-known structures such as Dubai's Burj Khalifa tower and San Francisco's Golden Gate Bridge. Design your own building!

Dates: Weds, Apr 17 - May 22 (OHES Grades K - 2)

Thurs, Apr 18 - May 23 (VES Grades 3 - 4)

Time: 4:10 - 5:10pm

Cost: \$190 (includes 2 take-home minifigures)

Location: OHES & VES Rm #TBD

Instructor: Bricks4Kidz centralnj@bricks4kidz.com or 732-789-8244



DIPLOMAT CHESS

We've taught state and national champions, but the majority of our students are beginners looking to learn a new skill and have fun. Class is split between interactive group lessons and practice games against similarly skilled opponents. All equipment needed for the club is provided and all skill levels are welcome. (Maximum: 16 students per class)

Dates:

OHES (Gr 1 & 2):

Mon, April 15 - June 3 (no 5/27)

VES (Gr 3 & 4):

Tues, April 16 – June 4 (no 4/23)

Time: 4:00 - 5:00pm

Cost: \$190

Location: Rooms # TBA

Instructor: Diplomat Chess info@diplomatchess.com or call (973)656-2903

MAD SCIENCE at OHES & VES

Science Discoveries

Dive into our "Crime Lab" and use forensics to solve a puzzle, learn about simple machines while building your very own drag racer to take home, discover the science behind incredible movie special effects, examine magnificent minerals & glittering gems, explore exactly how toys work, and decipher the difference between robots, automatons & remote-control devices! (Min: 12 students; Max: 20 students)

Dates: OHES (Gr 1 - 2): Thurs, April 18 - May 23

VES(Gr 3-4): Tues, April 16 - May 28 (no 4/23)

Times: 4:10 - 5:10pm

Cost: \$155(includes all materials)
Location: OHES & VES Room #s TBA

Instructors: Mad Science
(www.wnj.madscience.org)



YOUNG REMBRANDTS DRAWING

Students will learn to draw dynamic figures & action-filled scenes. Your funny bone will be tickled when you see the humorous, floral-inspired personas crated in our flower characters lesson. And we'll have fun drawing cartoon animals of all shapes & sizes doing their favorite hobbies. Sign up today! Maximum: 15 students

OHES (Gr K - 2)

Dates: Tuesday, April 16 – May 28 (no 4/23)

Times: 4:10 - 5:10pm Location: OHES Rm #TBD

VES (Gr 3 - 4)

Dates: Wednesday, April 17 - May 22

Times: 4:10 - 5:10pm Location: VES Rm #TBD

Cost: \$145

Instructor: Jason Wilkes;

wilkes@youngrembrandts.com

www.youngrembrandts.com/centralwestjersey/

JR CHEF BOX

<u>Culinary Kids Adventure – Sweet & Savory</u>

Embark on a 6-week culinary adventure with Junior Chef Box! Hone skills, broaden palates & boost creativity! Confidently cook for family & impress friends. Create delights like Bonbon Cookies, Garlic Knots, Mini Donuts, Veggie Patties, Ice Cream Cake, Brownie Bumps & more.

Dates: Tuesdays, April 30 - June 4

Cost: \$185 (includes Jr Chef Box and all materials)

Time: 6:00 - 7:30pm

Grades: K - 6

Location: OKCC Large Meeting Room

Instructors: Jr Chef Box; www.juniorchefbox.com or

(732 - 789 - 8244)

Junior Chef Box includes step-by-step laminated recipe sheets, science experiments, food fun facts, apron, one baking utensil, bear cookie-cutter, round shape cutters, 4 silicone cups, piping bags, etc



DANCE CLASS WITH MISS MICHELLE

<u>Storybook Ballet:</u> Dancers will learn the basics of ballet surrounded by the familiar music & props. Please wear inexpensive ballet slippers.

Fancy Feet (Tap/Jazz Combo): Dancers learn rhythm, coordination, musicality, self-confidence & coordination. They dance to popular music & work with props, creating an exciting dance experience. Class is for dancers who have taken Storybook Ballet & want to continue their dance journey.

All students should wear leotard & tights. Long hair should be tied back and off face & neck.

Dates: Thursdays, Apr 18 – May 23

Times: Storybook Ballet (3 - 5yrs) 4:30 - 5:15pm Fancy Feet Dance (4-6 yrs) 5:30 -6:15pm

Cost: \$100

Location: OKCC Program Rm **Instructor:** Michelle Pender

(OHES teacher)



REC N CREW & YOM

REC N CREW AND YOUTH OF MONTGOMERY (YOM) CAMPS

We are preparing for another amazing season of Rec n Crew for children entering grades 1st-6th! Rec n Crew will be filled with multiple guest entertainers, themed weeks, arts, and crafts, games, and trips (for 4th-6th only). Trip information will be released on March 18th and registration for trips will be on March 25th. Trip fees are not included in the pricing below. Those who are enrolled for all 6 weeks of camp will get priority in trip registration. Camp will be held from June 25th - August 2nd (no camp on July 4th). You can sign up by sessions or for all 6 weeks (please see dates below).

Registration will be on March 4th at 8:30am.

Session 1 - June 25th - July 5th - \$300 per child.

Session 2 - July 8th - July 19th - \$300 per child.

Session 3 - July 22nd - August 2nd - \$300 per child.

*** If you sign up for all 3 session, you will receive a \$100 discount*** Pre-Camp - 7:30am-8:30am - \$180 per child (or \$60 per session)
Post-Camp - 3:00pm-6:00pm - \$360 per child (or \$120 per session)



YOM - Youth of Montgomery Travel Camp

We are excited to announce that our YOM Camp (6th-8th Grade) will become a trip camp! Campers will go on a different trip each day. You can sign up for 1 week, 2 weeks, 3 weeks, or all 4! Potential dates will be the weeks of July 8th, July 15th, July 22nd and July 29th. Pick up and drop off will be at Montgomery Veterans Park. Camp hours will be 8am to 4pm. The cost will be \$495 per child per week. Full trip information will be available on March 11th and registration will be on March 18th at 8am.

No refunds will be given for camp, please register after you have carefully reviewed your summer itinerary.



Interested applicants <u>MUST be available for the entire</u> <u>camp season</u> (June 25th - August 2nd). If you're 14 or 15 years old, you may consider applying to be a Counselor in Training (This is a non-paying position)

Interested candidates should visit our website or contact Chris Zimmerman at czimmerman@montgomerynj.gov If you enjoy being outdoors and playing games with children, then we have the job for you! We are looking for fun, energetic, reliable, enthusiastic individuals— teens and adults—who are interested in being a part of our Rec N Crew Camp and YOM team in a wide variety of roles.



CREATIVE CAMPS AT A GLANCE

June

Band Camp

June 24 - Aug 7

July

Film Camp

July 8 - July 12

Theater Camp

July 15 - July 19

July 22 - Aug 2

<u>Jr Chef</u>

July 15 - July 19

Mad Science

July 22 - July 26

Young

Rembrandts

July 29 - Aug 2

August

Bricks 4 Kidz

Aug 5 - Aug 9

Theater Camp

Aug 5 - Aug 16

Chess Camp

Aug 12 - Aug 16















CREATIVE CAMPS

LET'S PUT ON A MUSICAL

Experience the fun of musical theater in Montgomery! Led by David & Dana Gordon, theater director & crew director at LMS, campers put on a fully staged musical in just two weeks! Students develop their craft through acting exercises & improvisational games, help create sets & costumes and have FUN! Our Teen Intensive camp features a session with guest artist Amy Justman, a professional Broadway Performer! (Note: For the Teen Intensive, auditions will take place in early summer, details to be sent by email).

Session 1: Into the Woods, Jr-ONE WEEK INTENSIVE

Dates: Mon-Fri, Jul 15 - 19 **Time:** 8:00am-4:00pm

(Friday: 8am – 8pm for evening performance)

Grades: entering 7 - 12 with some theater experience

Cost: \$475 (includes all materials)

Limit: 24 students; Min 16

Session 3: Disney's Aristocats Kids

Dates: Mon-Fri, Aug 5 - 16 (2 weeks)

Time: 8:30am - 3:00pm **Grades:** entering 2 - 6

Cost: \$725 (includes all materials)

Limit: 30 students; Min 20

Session 2: Aladdin Jr.

Dates: Mon-Fri, Jul 22 – Aug 2 (2 weeks)

Time: 8:30am - 3:00pm **Grades:** entering 5 - 9

Cost: \$725 (includes all materials)

Limit: 32 students; Min 20



Location: Session 1 & 2: MHS Chorus Rm & MPAC; Session 3: UMS Chorus Rm & Auditorium

Instructor: David and Dana Gordon; dgordon@mtsd.us

INCREDIFLIX FILM CAMP

Special Effects Movie Flix 9:00am-12:00pm

Explosions, tornados, meteors! In these high intensity live action movies, the special effects will blow your mind. In groups, you'll get to direct, act and even choose special effects to incorporate into your movies. Make a movie that will surprise all your friends & family!

Minecraft vs Roblox Flix 1:00pm-4:00pm

Make a Minecraft MOVIE, a Roblox MOVIE, or make a mashup MOVIE! Work in small groups to create a stop-motion movie full of games or challenges for your character to overcome. Students will create their sets out of construction paper, make their Minecraft blocks, film, add some cool effects, and do voice-overs!



All Flixs are downloadable within a month after camp ends. For more information please visit: www.IncrediFlix.com

Dates: Mon - Fri, July 8 - 12

Grades: 3-7

Cost: \$265 (for AM OR PM);

\$460 (for FULL DAY with supervised lunch)

Location: OKCC Large Meeting Room

Instructors: Incrediflix: chia@incrediflix.com

For more info: www.incrediflix.com



Junior Chef Box: Love Beyond the Basics (9am – 12pm)

Your budding chef will delve into Mini Vanilla Cake, Veggie Popians, Raspberry Muffins, Marshmallow Cupcakes, Chocolate Ganache Cake, Mini Pretzels and more.

Junior Chef Camp: A Culinary Adventure for Young Chefs (1 – 4pm)

Create Layered No-Bake Summer Cake, Chocolate/Blueberry Muffins, Brownie Bumps, Soft Potato Round Fries,

Cheese Crackers, Smore Sandwich, Mini Bundt Cake, Chocolate Glazed Donuts and more!

Dates: Mon - Fri, July 15 - July 19

Times: Half-Day: 9 -12pm OR 1-4pm \$245

Full day 9 – 4 pm (supervised hour, bring lunch): \$410

Grades: K - 6

Location: OKCC Large Meeting Room

Instructors: Jr Chef Box; www.juniorchefbox.com or (732-789-8244)

Junior Chef Box given to students, which contains a cute apron, laminated recipe sheets,

science experiments, a baking tool & silicone liners.



BRICKS 4 KIDZ

Architects of Tomorrow: LEGO Model Design Studio (9am-12 pm)

Campers will learn the function of different LEGO components & discover how they work together to create all kinds of solid structures & moving parts. At the completion of camp, each child will present his/her own design.

Wire-Free Wonders: LEGO Remote Control Tech Adventure (1 - 4pm)

Campers will understand the basic working principles of many ingenious devices that are part of everyday life. They will learn how to magnify, diminish & redirect force to move objects at different speeds & in different directions.

Date: Mon - Fri, Aug 5 - Aug 9

Grades: K - 5

Half-Day: 9 -12pm OR 1pm - 4pm \$235

Full day 9 - 4 pm (supervised hour, bring lunch): \$395

Location: OKCC Large Meeting Room

Instructor: Bricks4Kidz www.bricks4kidz.com/345 or

centralnj@bricks4kidz.com (732-789-8244)

Campers qet mini-fiqure, mini-model & Bricks 4 Kidz T-shirt.

MAD SCIENCE

NASA: Journey to Outer Space

Take a voyage of discovery into the atmosphere & beyond as we explore planets, moons and other space phenomena. Create a comet and build your own rocket & participate in a real NASA style rocket launch! Mad Science is the only organization licensed by NASA to use these activities for summer camps! Campers take home additional activities.

Dates: Mon - Fri, July 22 - 26

Time: 9am – 12pm

Grades: 1-6

Cost: \$210 (includes all materials) **Location:** OKCC Large Meeting Room **Instructor:** Mad Science of West NJ

For more information: http://wnj.madscience.org



CREATIVE CAMPS

BAND CAMP

Open to anyone who has played a brass, woodwind or percussion instrument for a year or more; primarily for elementary & middle school students, grades 4 & up. It is not for those who've never played before. We rehearse a varied selection of music, culminating with a performance on 7/31. We welcome parents who play brass, woodwind, or percussion instruments!!

Dates: Mon/Weds, Jun 24 - Jul 31

(No class 7/1 or 7/3)(Extra Rehearsal 7/23&31)

Time: 7-8pm

Grades: 4th grade and up

Cost:\$150 per student (no charge for parents)

Location: MHS Band & Chorus Room

Instructors: Cheryl Housten

(chousten@mtsd.us) & Dave Rabinowitz

(drabinowitz@mtsd.us)



DIPLOMAT CHESS CAMP

Camp time is divided between interactive group lessons, practice games, chess puzzles and special chess activities. We'll also take time for snack/recess and enjoy some fresh air. Lessons range from the basic rules to advanced tournament strategies and analysis of famous Grandmaster games. All chess equipment is provided and all skill levels are welcome!

Dates: Mon - Fri, Aug 12 - 16

Costs: Half Day \$245 (9am - 12pm OR 1 - 4pm,

bring water & snack)

Full Day \$420(9am - 4pm, includes supervised

lunch hour, bring water, lunch & snacks)

Grades: 1 - 6

Instructor: Diplomat Chess - for questions or more info, please email info@diplomatchess.com or call

(973)656-2903



YOUNG REMBRANDTS DRAWING CAMP

FASHIONISTA: ANIME/MANGA 9:30 - 11:30am

We'll be drawing & coloring all things ANIME! Artists will learn to draw anime fashion characters ranging from simple to elaborate — a great way to combine fashion designing skills & learn new manga tricks. Each day students will complete multiple pieces of artwork like manga hairstyles, school uniforms, fantasy costumes & more ARTastic drawings.

Dates: Mon - Fri, July 29 - Aug 2

Grades: 1-6

Cost: Half day: \$180 (AM <u>or</u> PM) Location: OKCC Large Meeting Room

Instructor: Jason Wilkes; wilkes@youngrembrandts.com www.youngrembrandts.com/centralwestjersey/

HOUSEHOLD PETS 12:30 - 2:30pm

We'll celebrate our cuddly friends in the new Household Pets workshop. We get our feet wet on the first day drawing a stylized aquarium graphic. The second day we learn to draw a detailed birdcage. Then we explore the playful side of animal friends in amusing cartoon images. We'll see more realistic renderings of various household pets on the fourth day. On the last day, we create a pet-inspired pastel illustration.



SPORT CAMPS AT A GLANCE

June

Coach Griff's

Athletic Camps

June 26 - Aug 9

Fal-Rooney

June 24 - June 28

Co- Ed Soccer

June 24 - June 28

Co-Ed Volleyball

June 24- June 28

Grundy Hoops

June 24 - June 28

July

Fal-Rooney

July 1 & 2

July 15 - July 19

Cricket Camp

July 8 - July 12

Grundy Hoops

July 8 - July 12

July 22 - July 26

July 29- Aug 2

Girls Softball

July 8 - July 11

Track & Field

July 15 - 19

Girls Basketball

July 15 - 19

July Cont.

Tennis Camp

July 15 - 18

July 22 - July 25

July 29 - Aug 1

Boys Soccer

July 22- July 26

Kickball Camp

July 22 - July 26

Football

July 22 - July 26

Multi-Sports

July 29 - Aug 1

Cross Country

July 29 - Aug 29

August

Fal-Rooney

Aug 5 - Aug 9

Aug 1 2- Aug 16

Aug 26 - Aug 30

Jr Golf

Aug 12 - Aug 15

<u>Grundy Hoops</u> (Little Tikes)

Aug 12 - Aug 15











Instructor: Jim Griffin MS,CSCS, PES, NASE 609-915-7414 or coachgriffcscs@gmail.com

COMPLETE ATHLETE TRAINING

A 19 session, 3 workouts per week program designed to develop the total athlete. Includes speed and agility training as well as Power Block training. Proper lifting techniques and training habits are covered. Students will develop athleticism along with their sport specific skills.

Dates: June 26 - Aug 9 (no 7/5); Mon/Wed/Fri)

Times: 7:10 - 9:10am (Mon/Wed) 7:30 - 9:00am weight training (Fri)

Grades: 7 - 12 **Cost:** \$300

Location: MHS Weight Room & Auxiliary Gym



SPEED & AGILITY

This is a two-part program geared to make you a better athlete. You will improve running form, foot work, stride length, and efficiency. Not a conditioning program; the goal is explosive power.

Dates: June 26 - August 7 Days: Monday/Wednesday

Time: 7:10 - 7:50am

Grades: 7 - 12 **Cost:** \$185

Location: MHS Auxiliary Gym



POWER BLOCK TRAINING

A total body training model by Strength Coach Jim Griffin. Development in strength, stability, muscular endurance, flexibility, and coordination. Instruction includes proper lifting techniques and training fundamentals.

Dates: June 26 - August 9 (No 7/5) Days: Monday/Wednesday/Friday

Time: 7:40 - 9:10am

Grades: 7 -12 Cost: \$215

Location: MHS Weight Room



KICKBALL CAMP

Campers will develop techniques & skills that will transfer into various types of kickball games. We focus on teamwork, fair play, cooperation, & sportsmanship all while providing a fun play environment. Kids will play various tag games & cooperative games. Sneakers are required. Please bring a snack & water bottle!

Dates: Mon - Fri, July 22-26 **Time:** 9:00am - 12:00pm

Grades: 1 - 8 **Cost:** \$170

Location: MHS Aux Gym

Instructor: Coach Bryan Upshaw (bupshaw@mtsd.us)



TENNIS

Somerset Hills Tennis Association is a United States Tennis Association member organization that serves tennis players of all ages and backgrounds. Our mission is to continue to grow the sport and provide high quality tennis instruction that is available to all. We believe that the most effective way to learn and keep the attention of our students is by having fun!

Dates - Week 1 - July 15th - July 18th

Grade: K-2nd - 12:00pm - 1:00pm Grade: 3rd-4th - 1:00pm - 2:00pm Grade: 5th-8th - 2:00pm - 3:00pm

Week 3 - July 29th - August 1st

Grade: K-2nd - 12:00pm - 1:00pm Grade: 3rd-4th - 1:00pm - 2:00pm Grade: 5th-8th - 2:00pm - 3:00pm Week 2 - July 22nd - July 25th

Grade: K-2nd - 12:00pm - 1:00pm Grade: 3rd-4th - 1:00pm - 2:00pm Grade: 5th-8th - 2:00pm - 3:00pm

Week 4 - August 5th - August 8th

Grade: K-2nd - 12:00pm - 1:00pm Grade: 3rd-4th - 1:00pm - 2:00pm Grade: 5th-8th - 2:00pm - 3:00pm

Price - \$110 per session

Location - UMS Tennis Courts

Instructor - Michael Watson, Somerset Hills Tennis Association - https://playtennis.usta.com/Somersethills

CO-ED SOCCER



Campers will learn the basic fundamentals of soccer. Campers will improve their skills with various drills & game-like situations. Bring cleats, sneakers, shin guards, and a water bottle. Bring lunch.

Dates: Mon - Fri, June 24-28 Times: 9:00am - 12:00pm

Grades: 1-5 Cost:\$170 Location: OKCC

Instructor: Rickey Steeb, MHS Coach, rsteeb@mtsd.us

CO - ED VOLLEYBALL

Players will be grouped by age and ability. Learn fundamental skills including passing, bumping, serving, setting, defense, offense, proper transitioning & hitting. Games will be played each day!

Dates: Mon - Fri, June 24 -28

Time: 9:00am - 3:00pm

Grades: 5 - 9 **Cost:** \$295

Location: MHS Aux Gym

Instructor: Kelsey Donovan: kdonovan@mtsd.us

Lauren Matlack: lmatlack@mtsd.us

Alex Kristopovich: akristopovich@mtsd.us



CRICKET CAMP

Campers will learn the basic fundamentals of cricket. Campers will improve their skills with various drills & game-like situations.

Dates: Mon - Thur July 8-11 Time: 9:00am to 12:00pm

Grades: 7-12

Location: MHS Front Fields

Cost: \$170

Instructor: Rickey Steeb, MHS Coach, rsteeb@mtsd.us

TRACK & FIELD CAMP

Our camp will focus on fundamental skills of athletic training as well as track and field training with guided repetition in basic track and field drills. Athletes will attempt to build on their repetitions to test out in specific track events such as sprints, mid-long distance running, long jump, and the shot put. Every athlete will get times/measurements by the end of the week's training. Our typical practices will range from athletic development, specific track event skill training, track and field event measurements, training videos (Indoors), and cooperative games for fitness. Remember a large water bottle!

Dates: Mon - Fri, July 15 - 19 **Times:** 9:00am - 12:00pm

Grades: 4-8 **Cost:** \$170

Location: UMS Track

Instructor: Instructors: Vincent Figueroa & Rickey Steeb vfigueroa@mtsd.us or rsteeb@mtsd.us

CROSS COUNTRY CAMP

This camp helps students who are interested in improving their endurance and long distance running abilities. It is spread out over the course of four weeks to enhance development of running skills.

Remember a large water bottle!

Dates: July 29 - Aug 29 (12 sessions)

Time: 6:30pm - 8:00pm

Grades: 5 - 8 **Cost**: \$225

Location: Mon & Thurs -Skillman Park, Tues - UMS Track

Instructor: Claire & Rob Scarpa - UMS Coaches cscarpa@mtsd.us

GIRLS BASKETBALL

Camp will have different drills to help players of all ages and abilities improve their basketball skills. A typical camp day will have stations, morning game, lunch, competitions, and an afternoon game. Please bring water bottle, snacks & lunch.

Dates: Mon – Fri, Jul 15 – 19 **Time:** 9:00am – 3:00pm

Grades: 3 - 9 **Cost**: \$295

Location: MHS Main Gym Instructor: Geoff Corisdeo,

MHS Girls Basketball Head Coach; gcorisdeo@mtsd.us





FOOTBALL: NON-CONTACT

Non-Contact Football Camp

Directed by Zoran Milich, MHS Varsity Head Coach and assisted by Sean Carty, MHS Offensive Coordinator, this camp will teach campers the proper techniques and drills for their specific positions. Campers will be exposed to offense, defense & special teams. Non-contact touch football games are played. *Bring sneakers, cleats, water bottle and lunch!*

Dates: Mon - Fri, July 22 - 26 **Times:** 9:00am - 3:00pm

Grades: 6 - 9 **Cost:** \$295

Location: MHS Front Field

Instructor: Zoran Milich; MHS Football Coach, zmilich@mtsd.us



GIRLS SOFTBALL

You will be taught the proper fundamentals for fielding, throwing, hitting, baserunning and overall knowledge of the game. Students will learn the fundamentals and mechanics behind pitching and catching. There will be more advanced drills and stations setup for the girls who have played multiple years, and all children will be divided up accordingly. Each day will end in a fun and educational game or scrimmage. Please bring water & snack

Dates: Mon - Thurs, July 8 - 11 Time: 9:00am - 12:00pm

Grades: 2 - 9 **Cost:** \$170

Location: MHS Softball Field

Instructor: Coach Brian Upshaw,bupshaw@mtsd.us

& current varsity players and D-1 players



BOYS SOCCER

Campers will learn the basic fundamentals of soccer. Campers will improve their skills with various drills & game-like situations. Bring cleats, sneakers, shin guards, and a water bottle. Bring lunch.

Dates: Mon - Fri, July 22 - 26

Times: 9:00am- 3:00pm

Grades: 4-10 **Cost:** \$295

Location: MHS Front Field

Instructor: Rickey Steeb, MHS Coach, rsteeb@mtsd.us



FAL - ROONEY CAMP

Campers participate in team and individual events, games, competitions, talent shows, obstacle relays, arts and crafts, and much more. The pool is back! They have a full time nurse as well as a CPR/First

Aid/EpiPen trained staff.

Dates: June 24 - 28 (M-F) July 15 - 19 (M-F) Aug 5-9 (M-F) Aug 12-16 (M-F)

Times: 9-2pm Pre Game: 8-9am Overtime: 2-5:30pm Grades: 1st - 9th

Cost: Camp:\$399 (Per Child)
Pre Game: \$99 (Per Family)
Overtime: \$199 (Per Family)

Location: LMS Gym

New Camp this Summer! Fal-Rooney Red, White and Blue

Dates: July 1 and 2

Times: 9am-2pm Pre Game: 8-9am Grades: entering 1st - 9th (Fall 2024) Cost: Camp: \$159 Pre Game: \$20

Location: LMS Gym

Instructor: Johnny Rooney

For more information: www.FalRooney.com



FAL- ROONEY PREP FOR SCHOOL CAMP

All the activities and games will be stressing following directions, team games, winning, losing, working together while having fun.

Dates: Mon - Fri, August 26 - 30

Times: 9:00am - 11:30am

Grades: entering grades K and 1st grade in

Fall 23 Cost: \$199 Location: OKCC

US SPORTS MULTISPORT CAMP

Multi sport camp gives players the opportunity to experience up to 4 different sports each day. Sports include Bocce, Baseball, Basketball, Badminton, Cricket, Disc Golf, Field Games, Flag Football, Hockey, Handball, Kickball, Lacrosse, Pilo Polo, Soccer, Softball, Tennis, Touch Rugby, Ultimate Frisbee, Volleyball and World Cup Games - Over 15 sports in

one week!

Dates: Mon - Thur, July 29th - August 1st

Times: 9:00am - 12:00pm

Grades: K - 6th Cost: \$175 Location: OKCC Instructor: US Sports



GRUNDY HOOPS BASKETBALL CAMP

Campers will improve their skills with various drills & game-like situations. Camps have new drills & new games each week. For more info check out www.grundyhoops.com.

**Sign up for Little Tikes Basketball & Jr Golf - Coach Joe Bassford will watch the campers in between

camps and parents can pick them up after basketball camp.**

Sign same child up for a 2nd week: \$280 (For Week 2) Sign same child up for a 3rd week: \$270 (For Week 3) Sign same child up for a 4th week: \$260 (For Week 4)

Sibling Discount - \$10 off when registering more than one child

for same week

Dates: June 24 - 28 (M-F)

July 8 - 12 (M-F) July 22 - 26 (M-F) July 29 - Aug 2 (M-F)

Times: 9:00am-2:00pm After Care: 2:00pm - 5:00pm

Cost: Weeks 1-4 - \$295

After Care: \$150 (siblings included)

Grades: 3-9

Location: MHS Gym

Instruction: Kris Grundy; MHS Coach

grundyk2@gmail.com



BOYS LITTLE TIKES BASKETBALL CAMP

Dates: Mon - Thur, August 12 - 15

Times: 12:00pm - 2:00pm (No Aftercare Available)

Grades: 1-3 (Fall 2024)

Cost: \$160 Location: OKCC

Instructor: Kris Grundy MHS Coach, grundyk2@gmail.com and Joe Bassford

jbassford@mtsd.us

JR. GOLF



Camp is designed to educate junior golfers about rules, etiquette, chipping, and putting through FUN drills & games. All ability levels are welcomed. Modified equipment is provided for beginners; advanced campers should bring their own clubs. Limited clubs available. Bring a water bottle and snacks. *If staying for Basketball Camp please bring lunch*

Dates: Mon - Thur, August 12 - 15

Times: 8:00am - 11:30am

Grades: K-5
Cost: \$170

Location: OKCC

Instructor: Joe Bassford; jbassford@mtsd.us & Jen Jones, MHS Coaches

INDEPENDENT LEAGUES

<u>Please contact these leagues for more information.</u> <u>Montgomery Parks and Recreation does not run these programs.</u>

<u>Montgomery Baseball League (MBSL)</u>

President — Eric Seguin <u>ericdseguin@gmail.com</u> www.montgomerybaseball.com
The Montgomery Baseball League is open to all residents of Montgomery Township & Rocky Hill Borough, ages 4 — 16 yrs. old and is aligned with Cal Ripken & Babe Ruth Baseball based on age. Activities are held at McKnight Complex. We offer Spring Rec, Summer Sandlot & Fall Ball

Montgomery Softball League (MBSL)

President — Eric Seguin ericdseguin@gmail.com www.montgomerybaseball.com
The Montgomery Softball League is aligned with Babe Ruth Softball and is open to all residents of
Montgomery Township & Rocky Hill Borough, ages 4 to 16 yrs. old. Activities are held at Veteran's Park and
McKnight Complex with limited travel to nearby towns for away games. We offer Spring Rec, Summer
Sandlot & Fall Ball.

Montgomery Basketball League

President — Laura Kyler <u>President.montgomerybasketball@gmail.com</u> www.montgomerybasketball.com Winter Season - MBA offers Recreational Basketball for grades K-12 and Travel Basketball for grades 4-8. Rec Basketball runs from the beginning of December thru the end of February. Travel Basketball runs from November thru mid-March. Registration opens the first week of September.

Central Jersey Flag Football

President — Matt Rosenthal <u>commissioner@centraljerseyflag.com</u> www.centraljerseyflag.com Flag Football is a non-contact sport in which participants pass, catch, run, and have FUN! Open to residents of Montgomery Township & Rocky Hill Borough, as well as surrounding towns. Central Jersey Flag is nationally affiliated with NFL FLAG and supports girls and boys grades K-9. Adult league is open to participants who are 25 or older. CFJ offers both a spring and fall season.

Montgomery Lacrosse

President - Robert Manley <u>info@montgomerylacrosse.com</u> www.montgomerylacrosse.com Registration is held November - January. Pre-Season begins in early March - May. MYLC emphasizes teamwork, sportsmanship, respect, discipline and most of all fun! Boy's practices are held at Van Home Fields/MHS Turf, Girls are held at Harlingen Fields/MHS Turf.

Montgomery Wrestling

President – John Moyle <u>montgomerywrestling@gmail.com</u> www.leaguelineup.com/montgomerywrestling This program is for beginner and experienced Wrestlers grades K – 6th grade. Practices begin in November – February and are held at the UMS Cafeteria and MHS Auxiliary Gym. Wrestling builds strength, flexibility, endurance and confidence. *Team Parent* – Julie Igawa Fong

<u>Montgomery Travelers Soccer Club</u>

President — Ralph Spicer <u>president@montgomerysoccer.org</u> www.montgomerysoccer.org MTSC is a local nonprofit organization that offers both Recreational and Travel soccer programs for children ages 3–18, in fall, winter (indoor), spring, and summer, for both new and experienced soccer players. All programs are coached by professional coaches with advanced US Youth Soccer licenses

Montgomery Special Olympics

www.somontgomery.wordpress.com

MSO provides sports, training and competition for children and adults with intellectual disabilities. Programs are run from September to June and use Montgomery School sport facilities. These sports include swimming, soccer, volleyball, basketball, track and field, fitness to music, tennis, golf and many others.



Montgomery Parks & Recreation





www.MontgomeryRecreation.com

Adult/Parent Name:			
Address:			
Phone: Ema	hone: Email address:		
Emergency Contact Name & Number	er:		
Participant 1:		Male/F	emale (circle one)
Grade: Age:	T-Shirt Size (if applical	ble)	
Program:	Dates:	Location	Fee \$
Program:	Dates:	Location	Fee \$
Program:	Dates:	Location	Fee \$
Participant 2: Male/Female (circle one) Grade: Age: T-Shirt Size (if applicable)			
Program:	Dates:	Location	Fee \$
Program:	Dates:	Location	Fee \$
Program:	Dates:	Location	Fee \$
Total Due: \$ Checks payable to: Montgomery Recreation, 356 Skillman Rd, Skillman NJ 08558 I understand I will NOT receive a refund or credit for any class/program/trip unless it is			
	ecreation Department.		
Do you need reasonable modifications due to a disability as defined by the ADA in order to participate in the above program (s)? Yes/No (circle one)			
Signature		Date	
Note: Please make separate check out of town fee (\$30) p	cs for aquatics & after school classe per program. Senior Citizens (55+)		

For office use only: Cash _____ Check # ____ Received by: ____

UPCOMING Events

APRIL 12

ARBOR DAY APRIL 13

STREAM CLEAN UP

APRIL 21

BARTH DAY APRIL 28

RUN WITH ROTARY

MAY 4

SPRING FUNG MAY 18 - 19

CRAFT'

JUNE 1

FARMERS MARKET JUNE 27

MONTY FIRE WORKS

FOR MORE INFORMATION PLEASE VISIT

www.montgomerynj.gov



356 Skillman Rd, Skillman NJ 08558